



Branford Pediatrics

= & Adolescent Medicine =

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Welcome to your Medical Home

As a Patient-Centered Medical Home, Branford Pediatrics and Adolescent Medicine is where your healthcare professionals work together to provide care for all aspects of your family. Caring for you and your family is our most important goal. Your primary care provider leads a team of health care professionals that collectively takes responsibility for you and your family to make sure you get the care you need, in both wellness and illness, to heal your body, mind and spirit. Your care team builds a relationship with you and your family over time and comes to know your family, medical and health issues, building a relationship of trust between you and your health care team. This trust allows your care team to provide you with expert, evidence-based health care answers that are suited entirely to you and your family. Your care team is comprised of doctors, nurse practitioners, nurses, medical assistants, receptionists, billing personnel and most importantly, you.

As a medical home, Branford Pediatrics and Adolescent Medicine will:

Learn about you

- Get to know you; your life situation, medical and behavioral health issues
- Develop a trusting relationship between you and your provider

Communicate with you

- Listen and be respectful of your concerns
- Give you time to ask questions and answer them in a way you understand
- Create an environment that is relaxed and non-judgmental

Support you in caring for yourself

- Make sure you know and understand all of your options for care
- Help you decide what care is best for you

Your responsibilities within the medical home:

Learn about caring for yourself

- Learn about your health conditions and what you can do to stay as healthy as possible
- Follow the care plan created with your provider to the best of your ability

Communicate with your care team

Select a primary provider and request that provider whenever possible
Bring questions to your appointments
Bring a list of all medications, vitamins and supplements you are taking, including dosing
Inform your care team of any health care/treatments or tests performed by outside health professionals since your last visit
Ask questions when you do not understand
Communicate struggles/barriers that prevent you from following your treatment plan

Actively participate in your care

Understand that you are a FULL partner in your own health care
Communicate with your care team if you do not understand something that was said
Keep scheduled appointments and schedule follow up appointments as discussed with your care team

We look forward to developing a strong, long-standing relationship with you and your family. We welcome your feedback on how we can improve our relationship.